



TRIANGLE LAND CONSERVANCY
LIABILITY RELEASE

I have chosen to participate in the following workday, hike, workshop, or outing sponsored by the Triangle Land Conservancy, a nonprofit corporation organized and existing under the laws of North Carolina:

Swift Creek Bluffs Nature Preserve November 7, 2009

In consideration for being allowed to participate, I willingly assume all risks associated with my participation and I grant this release of liability. I have listened carefully to the hazards outlined by the outing leader. I understand that my participation on this outing entails a risk of physical injury or death, and that I may be exposed to hazards including, by way of illustration but not limitation: exposure to extreme or inclement weather; passage on or through bodies of water; unmarked and unprotected topographic hazards such as cliffs, ravines, caves or falling rocks; exposure to poisonous insects, reptiles or plants; risks associated with operation of trail building tools and equipment; and risks associated with strenuous activity. I further understand that accidents or injuries may occur in locations or under circumstances where medical attention is not readily available. I expressly assume all risks associated with or arising from my participation on this outing.

I understand and agree to abide by all instructions, rules and regulations of the leader designated by the Triangle Land Conservancy regarding safety and the use of all equipment. I understand that no drugs or alcoholic beverages of any type are allowed, and I will be asked to leave if I am suspected to be under the influence of drugs or alcohol.

On behalf of myself, my estate and personal representative thereof, my heirs and assigns, I hereby forever release the Triangle Land Conservancy, its officers, directors, employees and agents from any and all future costs, claims, losses, liabilities or damages arising from or in any way related to my participation on this outing. I intend this release to be effective, regardless whether the claim of liability is asserted in negligence, strict liability in tort, or other theory of recovery. For myself, my estate, and the personal representative thereof, my heirs and assigns, I covenant and agree to make no claim, not to institute any suit, action or proceeding against the Triangle Land Conservancy, its officers, directors, employees and agents, relating to any accident, incident or occurrence arising out of or in connection with my participation on this outing.

IN WITNESS OF _____, I have executed this release on _____ --
Witness (hike/workday leader) Date

Name (Print)

Signature

Address
